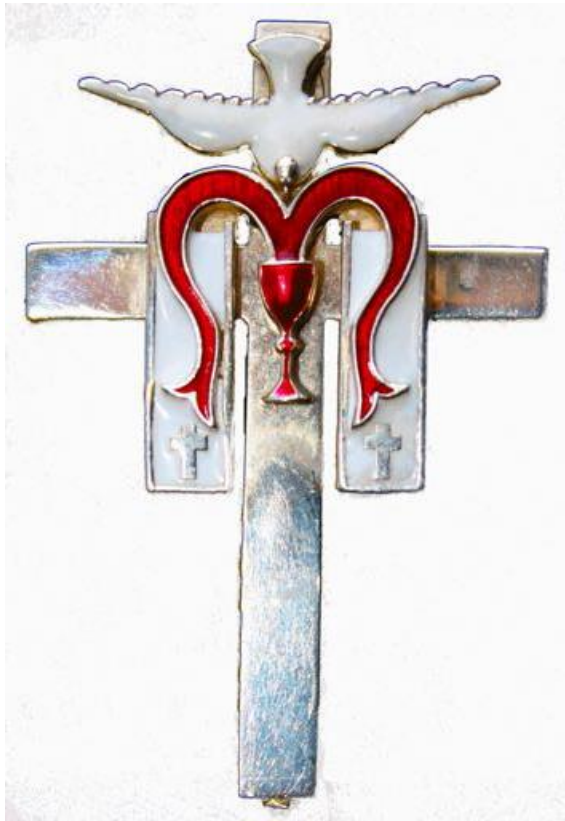


**THE HOLY  
ROSARY  
WITH  
LOVE CRUCIFIED**



**Compiled and written by a Mother of the Cross**

**Dedicated with Joy and Thanksgiving  
to our Founder**



**on the  
10<sup>th</sup> Anniversary  
of  
Love Crucified Covenant  
Community  
March 2008—March 2018**

**JESUS: “All the good a soul accomplishes, it carries out under His inspiration, in His light, by His grace and His help. And yet He is not invoked, He is not thanked for His direct and intimate action in each soul. If you invoke the Father, if you love Him, it is through the Holy Spirit. If you love Me ardently, if you know Me, if you serve Me, if you imitate Me, if you make yourself but one with My wishes and with My heart, it is through the Holy Spirit.”**

**[Diary, p. 104]**

# **INTENTIONS --THE HOLY ROSARY**

## **with Love Crucified**

### **THE JOYFUL MYSTERIES**

#### **The 1st Joyful Mystery—The Annunciation**

I ask for the grace to reverence and understand the Incarnation of Christ in the womb of Mary and my own mystical incarnation as a living host—all through the power of my Spouse, the Holy Spirit.

#### **The 2nd Joyful Mystery—The Visitation**

I ask for the grace of obedience and tenderness for all my territory of souls.

#### **The 3rd Joyful Mystery—The Birth of Christ**

I ask for the grace to gaze on the Adorable Face of Christ with the gaze of Mary and the Father, and to receive His divine gaze with purity of heart.

#### **The 4th Joyful Mystery—The Presentation of Christ in the Temple**

I ask for the grace to suffer with Him, in Him, and for Him the hidden life of martyrdom of the heart.

#### **The 5th Joyful Mystery—Mary & Joseph Find the Child Jesus in the Temple**

I ask for the grace to seek the suffering presence of Jesus in the most unlikely places,

faces, and hearts—in those I find it most difficult to love.

## **THE LUMINOUS MYSTERIES**

### **The 1st Luminous Mystery—Jesus is Baptized in the Jordan**

I pray for the grace to live fully my baptism in fidelity to our covenant with Love Crucified as a victim of love.

### **The 2nd Luminous Mystery—The Marriage Feast at Cana**

I ask for the grace to suffer all with Jesus in one sacrifice of love, to celebrate daily with my Spouse the “Mystic Mass of the Bride.”

### **The 3rd Luminous Mystery—The Proclamation of the Kingdom**

I ask for the grace to live the Beatitudes with my whole heart and all my strength.

### **The 4th Luminous Mystery—The Transfiguration of the Lord**

Give me the grace to cooperate with my total transformation in Christ that I may praise the Glory of the Blessed Trinity.

### **The 5th Luminous Mystery—The Institution of the Eucharist**

I pray for the grace to live in Him, for Him, and with Him the hidden life of martyrdom of

the heart united to His hidden life in the Eucharist.

## **THE SORROWFUL MYSTERIES**

### **The 1st Sorrowful Mystery—The Agony in the Garden**

I beg for the grace to suffer abandonment and Soledad in the hidden garden of my heart in union with Love Crucified for the sanctification of priests and religious, families, the most hardened hearts, and for the salvation of the world.

### **The 2nd Sorrowful Mystery—The Scourging at the Pillar**

I beg for the grace to enter the great wound of Your Heart and side through my own wounds, penetrated and cleansed in the Holy Spirit, in order to become Your living chalice—Your companion of love.

### **The 3rd Sorrowful Mystery—The Crowning with Thorns**

In order to accept with gratitude and joy the precious thorns with which Jesus and Mary pierce me daily, I pray for humility, simplicity, purity, courage and trust.

### **The 4th Sorrowful Mystery—Jesus Carries His Cross**

I beg for the grace faithfully to live my covenant by denying myself, daily, picking up my cross, and following Jesus, Love Crucified.

## **The 5th Sorrowful Mystery—The Crucifixion**

I beg for the grace to keep my eyes on the gaze of Crucified Love and to offer myself with Him in a continual holocaust for souls—to the glory of the Father.

## **THE GLORIOUS MYSTERIES**

### **The 1st Glorious Mystery—The Resurrection**

I beg for deeper faith.

### **The 2nd Glorious Mystery—The Ascension**

I pray for an increase of hope, to deepen my thirst for the Beloved every day of my life.

### **The 3rd Glorious Mystery—The Descent of the Holy Spirit**

I beg for the full anointing of the Holy Spirit and to be attentive to His promptings and movements in my soul.

### **The 4th Glorious Mystery—The Assumption of the Blessed Virgin Mary**

Through my daily immolation, I pray for the grace of a happy death for myself and for all my territory of souls.

### **The 5th Glorious Mystery—Mary is Crowned Queen of Heaven & Earth**

I pray for the grace to seek Union with the Blessed Trinity using every means that God gives me, treasuring especially the Eucharist,

the Word, Reconciliation, Adoration, and the most Holy Rosary.

## **THE HOLY ROSARY with Love Crucified--**

Based on *The Simple Path to Union*, (May 17, 2016 online edition),

the writings of Blessed Conchita Cabrera de Armida, (*Diary*, online edition);

Venerable Archbishop Luis Martinez;

and other recommended authors and books,

with occasional reflections by this author to provide transition.

**NOTE: How to use these reflections.** Please realize that it is not necessary to reflect on all ten meditations for each decade. As the Holy Spirit moves you, you may want to remain in one reflection, or more, for each decade. Also, I suggest that in your personal prayer of the Rosary you make use of the excellent audio recitals of the Rosary while you reflect. I have found that this practice gives you the freedom to enter each mystery more deeply, as the audio continues the actual traditional prayers. When praying with a group, the group will advance the traditional prayers if you are caught up by the Holy Spirit in your contemplation. Till I discovered this, I found it most difficult to complete a Rosary in a reasonable time.



# THE JOYFUL MYSTERIES

## The 1st Joyful Mystery—The Annunciation

*I ask for the grace to reverence and understand the Incarnation of Christ in the womb of Mary and my own mystical incarnation as a living host—all through the power of my Spouse, the Holy Spirit.*

1. Jesus: "She [Mary] was beautiful with the beauty of God. She was a virgin of the fertile virginity of the Trinity, a creature without the least stain and all perfect, a soul preserved already, from the time of being in the bosom of the Father, called never to be soiled nor even in the slightest way touched by the least shadow of sin." [*Diary*, p. 167]

2. Jesus: "Already from this eternity, she was Daughter, Spouse and Mother, the Three Divine Persons finding Their pleasure in this perfect work which must be marveled at by heaven and earth throughout all ages. What grandeur in Mary, in the multitude of her perfections, but above all in this work of virginal incarnation of the Word, prepared for, from all eternity." [*Diary*, p. 167]

3. Jesus: "The Trinity loved passionately this incomparable creature, and that is why the Word became flesh. He prepared her with all

grace and favors of the Holy Spirit, with the prodigality of a God, coming to make of her His living temple" (*Diary*, July 23, 1906)." [*Diary*, p. 167]

4. Jesus: "After the Trinity and with My glorious humanity, Mary is the noblest creature who exists and can exist in heaven, for God Himself, even though divine, cannot bring about anything more worthy, more perfect and more beautiful since she bears in her being the reflection of all the perfections God can communicate to the creature. That is why Mary's glory in heaven surpasses that of all the angels and of all the saints" (*Diary*, Aug. 1906)." [*Diary*, p. 168]

5. Jesus: "The Holy Spirit formed My human heart in all its perfection. He, the Holy Spirit, lives in Me as I live in the Father and the Father in Me. The Holy Spirit is released with all His power from the fire of My Sacred Heart when souls approach Me with humility at the foot of My Cross." [Simple Path, #6, 1-B, p. 20]

6. Jesus told Conchita: "From the first moment of my Incarnation, the Cross already planted in My Heart, overburdened Me and the thorns penetrated it. The blow struck by the lance might have been some solace causing to gush from My Side a volcano of love and of suffering but I did not consent to that until after My death." [*Diary*, p. 97; Simple Path, 1-B,3-C-1, p. 136]

7. Conchita: "My soul seems to awaken from a dream. It seems to me that on penetrating into my soul, my Word has brought me in a new measure, more secret and hidden, more intimate and more luminous, where the Beloved dwells..." [*Diary*, p. 67]

8. Jesus to Conchita: "The Mystical Incarnation in your soul is not an illusion, even though you do not know how to appreciate it. It is a reality which will spread over this cold world and very especially among priests in view of its holy purposes: love of the Word of God by the Holy Spirit thereby to honor the Father... (*Diary*, Oct. 25, 1913)." [*Diary*, 71-72]

9. Jesus to Conchita: "The Word became flesh and becomes flesh again in souls only to be crucified. It is the purpose of all mystical incarnations... Your Word has just become flesh mystically in your heart... in order to be constantly sacrificed there not on an altar of stone, but in a living temple of the Holy Spirit, by a priest and victim who, by an inconceivable grace, received the power to participate in the love of the Father. " [*Diary*, p. 120]

10. "Mary's love is the gate to the love of the Most Holy Trinity." [Simple Path, 1-B, p. 19]

## The 2nd Joyful Mystery—The Visitation

*I ask for the grace of obedience and  
tenderness for all my territory of souls.*

1. Mary speaks: “I was moved by a divine inspiration, because calm and gentleness were the center of my life. I was moved by the Holy Spirit Who blew me there. [He is my heavenly delight and the source of all my peace.] Nobody on earth knew my secret; nobody saw that light, that fire which was leading me and which came to illuminate and embrace the world.” [Conchita, *Roses and Thorns*, p. 22]

2. Our Covenant: “I surrender myself to the Holy Spirit and vow to be attentive to His promptings and movements in my soul, that I may come to a deeper knowledge of Christ and of myself....” [Simple Path, p. 449]

3. Mary speaks: “‘Blessed art thou among women and blessed is the fruit of thy womb.’ The archangel had already spoken those words, to my confusion, but at the same time the Holy Spirit repeated them through Elizabeth’s lips, adding, ‘and blessed is the fruit of thy womb.’” [Conchita, *Roses and Thorns*, p. 23]

4. Mary speaks: “‘O, blessed art thou who has believed’—continued Elizabeth (that is to say, ‘I was His mother because of my faith’)—because the things that were said to you

concerning the Lord shall be accomplished.’  
And I—so discovered—what did I do? I burst  
into a canticle of love.” [Conchita, *Roses and  
Thorns*, p. 23]

5. Mary speaks: “I do not know how, your  
mother, who had no sentiment except humility,  
assumed such impulses toward grandeur, those  
accents of glory in order to praise the  
Omnipotent. Truly I was in an ecstasy of  
humility; and the sight of my lowliness and the  
feelings of the greatness that belonged to God  
were like magnetic poles that met in my heart.”  
[Conchita, *Roses and Thorns*, p. 24]

6. Pregnant with Christ, Mary sacrificed her  
own comfort, unselfishly hastening to the side  
of her aged cousin, Elizabeth, who through  
God’s mercy, was expecting the future prophet  
and martyr, St. John the Baptist. We, too, are  
called in our Covenant to give of ourselves: “My  
words and actions shall reflect my love for all,  
so that we can help each other live the Path to  
Union and be witnesses to the world.” [Simple  
Path, p. 449]

7. “Every thorn of suffering serves to plow  
our hearts, making them docile, humble, and  
soft in tenderness and patience, perfected in  
obedience, steadfast in faith and hope, and  
expanded in love. Every thorn we receive is a  
source of healing for others and ourselves.”  
[Simple Path, p. 224]

8. Jesus describes the tenderness of St. Joseph: “When he learned that Mary was with Child, through his humility, he entered the hiddenness of his heart and sought to know the Will of God. This is what makes a great man: to seek the Will of God in all things. My power and strength were manifested in his docility and tenderness of heart.” [Simple Path, #22, 2-F, p. 74]

9. In our Covenant, we solemnly promise to “learn from Him love, tenderness, mercy, humility, docility, obedience, purity, silence, service and all the virtues...” all virtues modeled both by Jesus and by the sweet Virgin Mother of Christ. [Simple Path, p. 449]

10. Mary: “My daughter, you must choose to love always. In your family, love through your silence, love through your gentleness, love in kindness, love in patience, persevere in love.” [Simple Path, # 128, 6-A, p. 128]

## **The 3rd Joyful Mystery—The Birth of Christ**

*I ask for the grace to gaze on the Adorable Face of Christ with the gaze of Mary and the Father, and to receive His divine gaze with purity of heart.* [In the quotations by Ven. Martinez I have changed the word “look” to “gaze.”]

1. “Bethlehem is the beginning of God’s sorrow, which must be consummated in agony...A Child has been given to us; a Son has

been born to us, who bears on His shoulders an empire—an empire formed with all the glories of heaven and all the sorrows of earth.”

[Conchita & Ven. L. Martinez, *Only Jesus*, p. 9]

2. “On the manger straw the celestial Babe lay wrapped in the whitest of swaddling clothes. His sweet Mother contemplated Him in silence, her heart melted with tenderness, her soul absorbed in profound adoration. Jesus opened His eyes and from those two divine suns radiated His first look of love.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 3]

3. “What was it like, O Virgin Mary? It [the gaze of Jesus] met your virginal eyes, captivating your most pure soul; it was for you. For whom else would it have been? Where would the divine light be reflected but in the immaculate mirror of your purity? And you keep it there in the depths of your soul like an inextinguishable light in the blue of your sky.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 3]

4. “That first gaze of Mary! Pure, because she is the Virgin of virgins; tender, because she is the Mother of God; holy, because she is the holiest of creatures. The purity of earth receives the purity of heaven; love awaits love, sanctity by participation unites with sanctity by essence.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 6]

5. “When Jesus, upon opening His divine eyes, met Mary’s gaze, He was filled with

ineffable complacency [peace] because He discovered the Father gazing upon Him through the pure, mild, tender eyes of the Virgin Mary.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 6-7]

6. “When the gazes of Jesus and Mary were joined in the holy unity of love, heaven and earth were filled with the glory of God and with that true peace of which the angels sang that blessed night.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 7]

7. “Jesus wants to gaze at souls as He gazed at Mary, and He wants to be gazed at by souls as Mary gazed at Him. He came to earth for that purpose, so that by His gazing at us and by our gazing at Him, our hearts might be carried away to the heights of invisible things, to the bosom of the Trinity, to share in the mystery of the eternal contemplation of love.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 7]

8. “The soul that receives it [the GAZE of Christ] ought to respond by reproducing Mary’s gaze, pure, tender, exceedingly holy, a copy of the Father’s gaze, created but exact.” [Conchita & Ven. L. Martinez, *Only Jesus*, p. 7]

9. “...go beyond human sight to **be able to receive the gaze of God and learn to look with the same gaze....**” [Simple Path, 2-D, p. 50]

10. “**Keep your eyes fixed on My crucified gaze;** and I will be your strength always, everywhere, and in all things. Have perfect hope



in the God who loves you. Love one another as I have loved you.” [Simple Path, # 61, 3-C-7, p. 179]

## **The 4th Joyful Mystery—The Presentation of Christ in the Temple**

*I ask for the grace to suffer with Him, in Him, and for Him the hidden life of martyrdom of the heart.*

1. Conchita: “Once Mary had consented to the Incarnation of the Word, never was the divine plan erased from her spirit. Her mother's heart, broken, contemplated the Innocent and Divine Martyr...The life of this Virgin-Mother was, after that of Jesus, the most crucified. Her constant meditation of the future ever kept in her soul while in her little home in Nazareth.” [Diary, p. 125]

2. “This feast known as Candlemas is not only the feast of Light, symbolized by lighted candles in memory of Christ, Light of nations, but the candles also symbolize the oblation of the Incarnate Word consumed, as the candles, before God, and represent the offering of Himself to His Father for His glory and for the salvation of men.” [Diary, p. 128]

3. Jesus to Conchita on the feast of the Presentation: "The mystery which is being celebrated today concretizes your mission: ...I must be offered by you, at every moment, as a

victim on behalf of men; and you, united with the great Victim with all His perfections. I want you to offer yourself as did Mary, with her very virtues and qualities. Imitate her and model your own heart on this so beautiful an image" (*Diary*, Feb. 2, 1907). [ p. 128]

4. "Pope Paul VI ...stresses the profound and new meaning of this liturgical ceremony: the Oblation of the Word and His Mystical Body, through Mary, Mother of our Church and of the People of God." [*Diary*, p. 128]

5. Mary: "I was the first altar on which the heavenly Victim descended, attracted and summoned by my love; and I was the first priest to offer this Victim to the eternal Father in the Temple of Jerusalem for the sake of the world." [*Conchita, Roses and Thorns*, p. 32]

6. Mary: "I lifted in my arms, and raised to heaven that pure and immaculate Host which would be consumed on the cross. I offered the Redeemer of the world thinking that this action would be renewed in each one of the masses that all priests should celebrate, always in union with me." [*Conchita, Roses and Thorns*, p. 32]

7. Mary: "Furthermore, there was a Thorn for me in the words of Simeon, which embittered my soul for life; sorrow without a name, hearing that Jesus was destined as the ruin and resurrection of many in Israel, and to

be a sign of contradiction.” [Conchita, *Roses and Thorns*, p. 32-33]

8. Mary: “Then he [Simeon] continued immediately, prophesying, ‘And a sword shall pierce your own soul.’ What sword? To see my children wander down the slope of vice, scorning the Gospel. Stay and see if there is a greater sorrow for a mother than the eternal misfortune of her children. ...come repentant to the deep wound in my soul, which desires to guard you there, to cherish and defend you against your enemies.” [Conchita, *Roses and Thorns*, p. 34]

9. Jesus: "I have granted certain souls the grace to be assimilated to Me through the external stigmata of My wounds, but to My Mother I gave My perfect likeness in her interior, after My Passion, with all My sufferings, My wounds, and the pains My Heart underwent." [*Diary*, p. 130]

10. Jesus to Conchita: "Just as Mary's virtues remained hidden due to her humility, for example on the occasion of the Purification, since she herself did not make them known, so her sufferings remained veiled. There was neither complaint nor recrimination. She accepted them all, welcoming them all without losing a single one, loving them, adoring in them the will of God which was her life." [*Diary*, p. 131]

## The 5th Joyful Mystery—Mary & Joseph Find the Child Jesus in the Temple

*I ask for the grace to seek the suffering presence of Jesus in the most unlikely places, faces, and hearts—in those I find it most difficult to love.*

1. Young Jesus, only 12 years old, told Mary and Joseph, “Did you not know I must be about my Father’s business...in my Father’s house?” [Luke 2:49] Like Jesus, we too must be found in the Father’s house—in His Will. Jesus tells us in the Gospel, John 8:29: “I always do what is pleasing to Him.”
2. “You have come to recognize My voice and the promptings of My Divine Spirit. At times God requires immediate obedience; at others, your obedience is lived as you wait upon the Lord. The latter obedience requires greater abandonment and trust, and therefore, is more pleasing to Abba, Father. This is a complete dying to moving in your will.” [Simple Path, #63, 4-B-1, p. 187-188]
3. From a testimony: “I now have to choose to follow Christ, to be a victim soul, to stay in the community, to do what is most difficult, to love when I don’t want to love.” [Simple Path, 4-B-2, p. 214]
4. “The love of God will stretch your love beyond your physical capacities. The expansion

of the tent of your hearts is a most painful process. You have to choose to love those most difficult to love. You must always choose love, patience, and tenderness and never give in to anger and resentment.” [Simple Path, #106, 5-C, p. 294]

5. “...no longer do what you want to do, nor go where you want to go; but now, you go only where I take you. You choose to live each day according to what is most difficult, not what is easiest. This will require a greater discipline of your will, greater silence and stillness of soul in Me.” [ Simple Path, #63, 4-B-1, p. 187]

6. “Be attentive to each person you encounter in your life. I live in them. I suffer for them and with them. This is My Body (Mt 35:31-41). My little one, have the docility of heart to receive the brokenness of all people into your heart as ONE with Me. This is participation in the love of the Trinity: to receive the wounds of your brothers and sisters and to give the sacrifice of your life, as ONE with Me, for their salvation and sanctification. This is Love.” [Simple Path, #34, 4-E, p. 104]

7. “Through the long process of “suffering ALL with Jesus,” the Holy Spirit gradually moves our gaze from self to others. Now, the woundedness in the hearts of others becomes more important than our wounds. We begin to live for others as we begin to live for the Other. Love moves us to suffer the brokenness of

others with Jesus to obtain healing for them.”  
[Simple Path, 4 -B-1, p. 206]

8. “The light of Jesus Christ is love that suffers for all and with all: Love in pain and sorrow, Love that enters into the brokenness of humanity and receives her brokenness into Himself to heal and restore her in God. Love receives her wounds and bears them upon His Body to heal her with the balm of His tenderness in mercy.” [Simple Path, #88, 4-G, p. 243]

9. “I desire to draw you into true unity, the unity of the love of the Most Holy Trinity. The union of sorrows will bring you into the union of Love. The gaze of the Father is upon you. Be love. Live solely for Love, forgetting yourself.” [Simple Path, #87, 4-F, p. 241]

10. “The doctrine of Jesus is one of love. The spiritual life is love, divine love: charity. When love has thoroughly prepared our hearts, then **the precious fruit of charity** appears. It is different from the virtue; it is a sublime emanation from it. It is joy; it is the delight of loving.” [Ven. Luis Martinez, *The Sanctifier*, p. 251]

# THE LUMINOUS MYSTERIES

## The 1st Luminous Mystery—Jesus is Baptized in the Jordan

**I pray for the grace to live fully my baptism in fidelity to our covenant with Love Crucified as a victim of love.**

1. Covenant prayer: "...I offer myself as a victim united to Jesus, the Victim of love. I surrender my entire heart, will, plans, desires, sacrifices, sufferings, joys, prayers, works, every thought and action, uniting all to Christ's sacrificial love on the Cross, so that no longer I live but Christ, Love Crucified, lives in me."  
[Simple Path, p. 449]
2. "The purpose of consecration to Mary is to live with her our baptismal consecration, to unite our 'yes' to Mary's 'yes' in total abandonment to God." [Simple Path, 1-B, p. 17]
3. "The Holy Spirit is received as a seed in baptism, but He is fully stirred into flame in My Cross. It is united as one to My Mother at the foot of the Cross that the Holy Spirit begins to possess your mind, heart, and soul." [Simple Path, #6, 1-B, p. 20-21]
4. "...to be a victim of love is the vocation of every Christian to be fully in the Spirit. In baptism, we were grafted into Christ to become

in Him priests and victims of love in the hands of the Father.” [Simple Path, 6-A, p. 329]

5. “The martyrdom of the heart is so pleasing to God and holds such great power because it is the purest gift of ourselves to God, the gift that is most like Christ’s.” [Simple Path, 3-C-2, p. 147]

6. “More grace is obtained for the world through the hidden life of suffering in love than the public life... Live the hidden life to perfection in Me and in the Heart of My Mother.” [Simple Path, # 42, 3-C-2, p. 145]

7. “...our interior martyrdom is no less real than the martyrdom of blood because it is our martyrdom of heart—a participation in Jesus’ martyrdom of the heart. Many popes confirm this.” [Simple Path, 3-C-2, p. 145]

8. Jesus speaks to St. Faustina: “I want to see you as a sacrifice of living love, which only then carries weight before Me. ...Outwardly, your sacrifice must look like this: silent, hidden, permeated with love, imbued with prayer. I demand, My daughter, that your sacrifice be pure and full of humility, that I may find pleasure in it.” [Simple Path, 3-C-1, p. 157]

9. “In the Eucharist, I Am the Victim of Love. In order for you to become ONE BODY, ONE BLOOD in Me you must respond to become My victim of love, a victim united as ONE to The Victim. What is required of My creature is her



response, her 'Fiat,' then the power of My Spirit, the Holy Spirit, brings about this perfect union." [Simple Path, #55, 3-C-6, p. 166]

10. "Becoming ONE Victim of love is a way of life and not just a one-time offering." [Simple Path, 6-B, p. 343]

## **The 2nd Luminous Mystery—The Marriage Feast at Cana**

**I ask for the grace to suffer all with Jesus in one sacrifice of love, to celebrate daily with my Spouse the "Mystic Mass of the Bride."**

1. "...becoming a victim of love is a spiritual process of growing and entering a deep intimate personal relationship with Jesus Christ Himself, a relationship that moves us with Mary into spiritual marriage with the Bridegroom. It is this passionate love affair that moves us to desire to love Him as He has loved us; the love of the unblemished Lamb that lays down His life for His Bride—for us, the Church." [Simple Path, 6-C, p. 348]

2. St. Thomas Aquinas wrote, "...through faith, the soul is united to God, and by it there is between the soul and God a union akin to marriage. 'I will espouse thee in faith.' The Catechism teaches that 'the entire Christian life bears the mark of the spousal love of Christ and the Church.'" [Simple Path, 4-H, p. 256]

3. “...Baptism, the entry into the People of God, is a nuptial mystery; it is, so to speak, the nuptial bath which precedes the wedding feast, the Eucharist.’ We need to realize that it is in this spousal union with Christ and in nothing else, that we find the foundation of our true fulfillment and happiness.” [Simple Path, 4-H, p. 256]

4. “Pope Benedict XVI called the Cross of Christ ‘the expression of his “marriage” with humanity.’ At the Cross, Christ’s love is an all-consuming oblation for His bride. The Cross becomes His marriage bed where—having given all—He surrenders His naked body and seals the marriage covenant with His blood.” [Simple Path, 4-H, p. 259]

5. “The Bridegroom has given His all, but there cannot be a marriage without the Bride’s consent. We must join Him at Calvary and have our hearts pierced like Mary’s. The Bride there becomes the Spouse by uniting herself as a victim to the Victim of Love, no longer two but ONE in His sacrifice of love.” [Simple Path, 4-H, p. 262]

6. Mother Teresa of Calcutta: “...when you feel miserable inside, look at the cross and you will know what is happening. Suffering, pain, sorrow, humiliation, feelings of loneliness, are nothing but ‘*The Kiss of Jesus*,’ a sign that you have come so close that he can kiss you.” [Soul Food blog, “The Kiss of Jesus”]

7. “The Cross is the bridal chamber where union takes place in the intimacy of suffering.” [Soul Food Ministries blog, “The Kiss of Jesus”]

8. “It is the chalice of our hearts, deeply wounded, filled with loneliness, suffering, pain, sorrow, humiliation, which we lift in union with the Blood of Jesus in one sacrifice to the Father—this is the mystic Mass of the bride which we celebrate daily....” [Soul Food blog, “The Kiss of Jesus”]

9. “To ‘deny yourself, pick up your cross, and follow Jesus everyday’ is to offer, from within the arms of the Bridegroom, from the bridal bed [the Cross], from the intimate sanctuary, the mystic Mass of your loving sacrifice. One of the prayers of our Love Crucified covenant community is this central one: ‘Let me suffer all with You, no longer two but one, in Your sacrifice of love.’” [Soul Food blog, The Mystic Mass of the Bride”]

10. From the homily of Pope Francis – Mar. 16, 2015: “God is in love with us and we are his love dream, no theologian can explain this, we can only cry out of joy.” [Soul Food blog, “God is in love with us”]

## The 3rd Luminous Mystery—The Proclamation of the Kingdom

I ask for the grace to live the Beatitudes with my whole heart and all my strength.

1. “Poverty of spirit is love that commences, that imitates, the work of despoiling and of suffering, for love is as strong as death. It separates, it pulls out, it destroys, in order to transform. Love is poor and very rich, opulent in its marvelous nakedness. It rids itself of all because it gives all. Love is Jesus Christ Crucified, prodigy of nakedness and abyss of riches. To find love we must strip ourselves of everything and seek the rich treasure of the divine nakedness of Jesus.” [Ven. Luis Martinez, *The Sanctifier*, p. 302]

2. “All we have BELONGS to God; we are His stewards led by the Spirit of love. Love gives all. Spiritual poverty is the fruit of love. The more we love, the more we desire to be one with our Beloved who gave Himself totally.” [Simple Path, 5-D, p. 302]

3. “Spiritual poverty directs our attention away from ourselves and to the needs of others. We need to practice it in our everyday life: in our use of material things, our use of time, talents, interests and attention to others.” [Simple Path, 5-D, p. 302]

4. Jesus: “The spirit of poverty is lived when you allow the Holy Spirit, My Blessed Mother and Myself to strip you of everything interiorly: your desires, expectations, plans, attachments, securities, consolations in friendships, even consolations from Me, so that you are left completely empty.” [Simple Path, #110,5-D, p. 302]

5. “Blessed are the pure in heart, for they shall see God” –Mathew 5:8. “A pure heart is entirely filled with the love of God. We may say, ‘Jesus is in my heart,’ but that is not enough because there are many persons and things in our heart. Jesus needs to be on the throne of our hearts as He is in the heart of Mary, the Immaculate.” [Simple Path, 5-D, p. 302]

6. “For souls to be bathed in light, to become light, they need to be purified. Justification, which is sinlessness, is a mystery of light: ‘For you were once darkness, but now you are light in the Lord’ (Eph. 5:8), says St. Paul. For souls to be transformed into the image of God, passing from glory to glory, they must ascend from purity to purity in the continuing effort to become, more and more, glowing crucibles.” [Ven. Luis Martinez, *The Sanctifier*, p. 329]

7. “Who are the pure in heart, those who can see God? ... Faith cleanses the heart. It is the result of God's initiative toward man. Faith comes about because men are touched deep within by God's Spirit, who opens and purifies their hearts.” [Simple Path, ,5-E, p. 305]

8. “For this to happen, we must allow the Holy Spirit to reveal and pierce the obstacles in our hearts: our disorders, sins, and wounds. We must enter a painful ongoing process of healing so that we are transformed into Christ. As we are purified we can intercede for the purification of others.” [Simple Path, ,5-E, p. 305]

9. Our Lady tells us: “The power of your intercession is contained in the purity of your hearts —the purity of your intentions. Trust and, with patient endurance, allow all your disorders to come to the Light. It is only in this way that you can be made pure in the furnace of God's love.” [Simple Path, #112,5-E, p. 306]

10. Jesus: “My thirst for your love is quenched when I look down from My Glorious Cross and see you, My beloved sons and daughters, dressed in the white garment of purity, wearing My crown of thorns, and covered in the radiance of My Blood. Then, My thirst is quenched.” [Simple Path, #113,5-E, p. 307]

## **The 4th Luminous Mystery—The Transfiguration of the Lord**

**Give me the grace to cooperate with my total transformation in Christ that I may praise the Glory of the Blessed Trinity.**

1. Pope Benedict XVI explains: On the mountain the three of them [Peter, James, and

John] see the glory of God's Kingdom shining out of Jesus. On the mountain they are overshadowed by God's holy cloud. On the mountain—in the conversation of the transfigured Jesus with the Law and the Prophets—they realize that the true Feast of Tabernacles has come. On the mountain they learn that Jesus himself is the living Torah, the complete Word of God. On the mountain they see the 'power' (*dynamis*) of the Kingdom that is coming in Christ" (Jesus of Nazareth, vol. 1, p. 317). [Akin, online]

2. "The experience of the Transfiguration is meant to point forward to the sufferings Jesus is about to experience. It is meant to strengthen the disciples' faith, revealing to them in a powerful way the divine hand that is at work in the events Jesus will undergo. This is why Moses and Elijah have been speaking 'about his departure, which he was to accomplish at Jerusalem.' Peter misses the point and wants to stay on the mountain, contrary to the message the two heavenly visitors have been expounding." [Akin, online]

3. "We tend to see the Glory of God as a static thing, brilliant Light, radiance, etc. such as Peter, James, and John saw to envelop Christ during the Transfiguration on Mt. Tabor. Yet we should realize that His Glory is intensely alive with Divine Energy, ecstatic and personal, throbbing with incomprehensible Love, deeply

shared, pouring out from Divine Person to Divine Person eternally. His Glory is Delight, enthralling, enrapturing.” [Soul Food blog, “A Plan to Praise His Glory”]

4. “Glory is not extrinsic to God, but intrinsic—essentially His from all eternity. We cannot give Glory to God; He IS Glory. When we say, “Glorify God” or “Give glory to God” we are talking about **the praise of His Glory**, giving Him what is extrinsic to Him, incidental, nonessential. If we are pure and acceptable to Him in Christ, it is as though we are holding up a spotless mirror to reflect His Glory—we don’t increase it, but merely reflect it.” [Soul Food blog, “A Plan to Praise His Glory”]

5. “If we turn to Ephesians 3:3-14, we find this remarkable phrase repeated three times. Verse 5-6: “In love he destined us for adoption to himself through Jesus Christ, in accord with the favor of his will, for the praise of the glory of his grace that he granted us in the Beloved.” [Soul Food blog, “A Plan to Praise His Glory”]

6. Ephesians 3:11-12 – “In him we were also chosen, destined in accord with the purpose of the One who accomplishes all things according to the intention of his will, so that we might exist for the praise of his glory....”

7. Ephesians 3:13-14 – “In him you also, who have heard the word of truth, the gospel of your salvation, and have believed in him, were



sealed with the promised holy Spirit, which is the first installment of our inheritance toward redemption as God's possession, to the praise of his glory."

8. St. Faustina: "Jesus then said to me, "Do you see these souls? Those who are like Me in the pain and contempt they suffer will be like Me also in glory. And those who resemble Me less in pain and contempt will also bear less resemblance to Me in glory." [Simple Path, 6-A, p. 334]

9. Act 3:13: "The God of Abraham, Isaac and Jacob, the God of our fathers, has glorified His servant Jesus, the one whom you delivered and disowned in the presence of Pilate, when he had decided to release Him."

10. His GLORY is hidden in the Eucharist: "I remain in this hidden and ordinary way so that your hidden and ordinary life can be transformed into Divinity and thus participate here on earth in the unity and Divine life of the Most Holy Trinity. The Eucharist is the life of God that has the power to heal and to transform you from within. In the smallness of the Host is revealed the grandeur, majesty and greatness of God." [Simple Path, #50,3-C-5, p. 163]

## The 5th Luminous Mystery—The

### Institution of the Eucharist

I

pray for the grace to live in Him, for Him, and with Him the hidden life of martyrdom of the heart united to His hidden life in the Eucharist.

1. “The cave in Bethlehem, where Mary laid my Child Jesus, was, first of all, the tabernacles...and the poor clothes that wrapped Him were the first corporals. O, my God, how could I approach the Eucharist, how could I receive it in my heart without thinking of Mary?” [Conchita, *Holy Hours*, p. 43]

2. “Your ordinary and hidden life through the Cross becomes united to My Eucharistic life. Your hidden life takes on the same power as My hidden life because we are no longer two but ONE. These are My living hosts. In this union of love, you enter and live in the realm of God. Through Me, with Me and in Me your most ordinary life is the power of God.” [Simple Path, #49,3C-5, p. 162]

3. “Your thoughts, words, deeds, but most especially your tears and sorrows of heart, possess the power of God to bless the world. Your hidden life not seen by anyone is seen by God and, through Me, with Me and in Me, He blesses many. Your life, as ONE with My Eucharistic life, moves beyond time and space.” [Simple Path, #49, 3-C-5, p. 162]

4. “Trust and place all your confidence in the power of the hidden life being revealed to you now in My Eucharistic presence. I am the power of the hidden life. I want to possess you with My hidden life, which is the Eucharist, transforming you into living hosts.” [Simple Path, # 51, 3-C-5, p. 165]

5. “This transformation will take place as you live your hidden and interior life united to My interior crucifixion, suffering all with Me and in Me. In this way, the power of the hidden force will intensify with the fire of the Holy Spirit.” [Simple Path, # 51, 3-C-5, p. 165]

6. “Live your hidden life as ONE with Me in My hidden life in the Eucharist and you will grow in the power of God, which is LOVE. This is the HIDDEN FORCE that will sweep through the face of the world to conquer Satan’s darkness.” [Simple Path, # 51, 3-C-5, p. 165]

7. Jesus tells Conchita: “The essence of this Work consists in making known the Interior Sufferings of My Heart which are ignored, and which constitute for Me a more painful Passion than that which My Body underwent on Calvary, because of its intensity and its duration, mystically perpetuated in the Eucharist.” [Diary, p. 34]

8. Jesus: "You are at the same time altar and priest, for you possess the most Holy Victim of Calvary and of the Eucharist and you have the power to offer Him continually to the eternal

Father for the salvation of the world. “[Diary, p.59]

9. Conchita: “The Eucharist and the Cross constitute one and the same mystery.” [Diary, p.99]

10. “Christ glorified, ever present before the face of the Father in the bosom of His Church triumphant, the same Christ who once traveled along the roads of Samaria, of Judea and of Galilee, the same Christ born of the Virgin Mary, the true Christ of history, the Unique Christ is ever here among us. **Hidden under the appearances of the Host, there is the Presence of the highest divine reality, the authentic Presence of the Eternal Incarnate Word, binding together earth and heaven, the cosmos and the Trinity.**” [Diary, p. 99]

## THE SORROWFUL MYSTERIES

### The 1<sup>st</sup> Sorrowful Mystery—The Agony in the Garden

*I beg for the grace to suffer abandonment and soledad in the hidden garden of my heart in union with Love Crucified for the sanctification of priests and religious, families, the most hardened hearts, and for the salvation of the world.*

1. “Don’t leave me alone, don’t go, make acts of reparation, console Me. I want you to accompany me in the Garden...Look, on My Way of the Cross many accompanied Me, then on Calvary some souls, but in My desolation in the Garden almost nobody; most fell asleep. I want you close to Me. I fought with demons and you will fight; I suffered a terrible interior martyrdom and you will suffer it...in that place there was no cross, no thorns, no lashes nor material nails and nonetheless, My Heart experienced all their torments. My hidden martyrdom was thousands of times worse than the visible on the Cross. Yours will be like this...” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p. xxix]

2. “I was abandoned by My beloved three apostles in the Garden of Gethsemane; but Abba came to console Me through the angel, and I saw each of you, My disciples of consolation and reparation. Abandon yourself

simply and daily into My crucified embrace and you will never experience abandonment because you will possess ALL.” [Simple Path, 3-A-1, # 30, p. 93]

3. “I suffered abandonment so that you could enter into the fullness of life in the Blessed Trinity, living in the loving embrace of the Father, Son, and Holy Spirit. that you can serve as My balm to alleviate My pangs of seeing so many of My children, especially My consecrated souls, abandon Me. At the same time, as My disciples of reparation, your suffering as one with Me saves many from the fires of Gehenna.” [Simple Path, 3-A-1, # 30, p. 93-94]

4. “Abandon yourself simply by accepting all, the way that it is given to you... Give yourself completely serving all for love of Me. The mission will move forward according to My plan and Will. You are called to be love by sacrificing yourself completely for Love.” [Simple Path, 4-E, # 80, p. 231]

5. “It is this simple abandonment to each of your lives and circumstances of life I have placed you in, that will produce the hidden force needed to conquer the darkness covering the earth.” [Simple Path, 4-E, # 80, p. 231]

6. “Abandon yourselves to love the most difficult ones closest to you. Kiss My pierced feet each morning and set yourselves out like warriors on a mission to serve with love,

patience, tenderness, slow to anger... “[Simple Path, 4-E, # 80, p. 231]

7. Especially in the garden of His great agony, “The core of Jesus’ intimate life was this ineffable gaze...**Jesus put all of His soul into that gaze**, because that gaze was contemplation, love, self-giving, abandonment, longing to glorify the Father, an abyss of tenderness and a firm, loving, full commitment to His will...This gaze must be the core of your interior life...let Jesus gaze upon the Father through the gaze of your soul.” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p. 7-8]

8. “*Drink... drink,*” the angel repeated, placing the Cup to His divine lips...and Jesus thought about those hearts who, in future ages, would suffer with Him for the same cause in a covenant of love that would greatly glorify the Divine Word—and He drank with great longing to the dregs.” [Conchita, *Holy Hours*, p. 84]

9. “My great grace for you is to make you share in My interior, invisible chalice, which made all My life bitter. Do you know which is the bitter liqueur of that painful chalice? The sins of my priests which make My life most bitter and which hurt, pierce and offend Me; they even kill My loving Heart, if that were possible.” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p 37]

10. “...full and loving acceptance of the Father’s will should place you in the state of

victimhood, *exposed* and *disposed* to everything that the Father may want; and also in the state of mystical priesthood, offering yourself and all your children to that will, beginning with Jesus.” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p 22]

## **The 2nd Sorrowful Mystery—The Scourging at the Pillar**

*I beg for the grace to enter the great wound of Your Heart and side through my own wounds, penetrated and cleansed in the Holy Spirit, in order to become Your living chalice—Your companion of love.*

1. “My wounds are the sins of humanity. I bore them all upon My Body to heal them with My love. You have allowed Me to heal your sins through My wounds. Now, your love, which is one with the love of God, has the power to heal My wounds by receiving them, one-by-one, in your heart. In this way you will suffer greatly as one with Love...” [Lourdes, Sorrowful Rosary]

2. St. Gemma Galgani: “Do grant, oh my God, that when my lips approach Yours to kiss You, I may taste the gall that was given to You; when my shoulders lean against Yours, make me feel Your scourging; when my flesh is united with Yours, in the Holy Eucharist, make me feel Your passion; when my head comes near Yours, make me feel Your thorns; when my heart is



close to Yours, make me feel Your spear.”  
[Simple Path, 4-C-1, p. 219]

3. Jesus: “The shedding of layers of attachments to your will, which is self-love, takes place as you begin to trust in My love for you. This is why suffering all your sorrows with Me is so beneficial for your soul, because in that process you touch the open wounds of My love for you.” [Simple Path, # 115, 5-F, p. 310]

4. We tell Jesus: “You have used my wounds and experiences to give me a heart able to suffer with You in deep intercession for the wounds of my family and the priesthood; to suffer with You the rejection and isolation that You feel daily as You sit enslaved in the monstrosity... forgotten and neglected...”  
[Simple Path, Personal Testimony, 4-G, p. 249]

5. Jesus: “My wounds are the passage to enter the infinity of God. I allowed My Body to become one wound (meaning His entire Body was pierced and wounded) so that ALL humanity could enter. **Each victim soul has the power from God, because of My Victimhood, to draw souls into My wounds.**” [Simple Path, # 135, 6-D, p. 356]

6. Jesus: “I first revealed to you the infinite depth and width of each of My wounds. Then I raised you, My little victims of love, into My crucified embrace. As you (LC) prayed as ONE heart and mind through Me, with Me and in

**Me, your prayer received the power of the Holy Spirit to draw souls into My wounds.**

Believe in the power of your prayers as ONE with the perfect Victim of Love.” [Simple Path, #135, 6-D, p. 357]

7. Saint Bernard writes: “The secret of his heart is laid bare in the wounds of his body; we see revealed the great mystery of our God’s infinite goodness; ... the merciful tenderness of our God.” [Simple Path, 3-A, p. 85]

8. “Christ suffers all that we suffer because He loves us. Once we know this, we can respond by entering His Heart, receiving His tears and **allowing Him to touch us with His wounds.** Union with Christ in suffering and love teaches us that, if we, or someone we love, is suffering, we don’t just “offer it up”; we actually enter into the suffering with him or her. This type of suffering is born of love and brings about intimacy.” [Simple Path, 3-A, p. 89]

9. “...when we watch Jesus suffer our pain and we meet His gaze, He lifts us out of the pit of our wound, heals us, and draws us to Himself. Let us remember that Jesus, too, was abandoned even in death; but that He will never abandon us. Lived this way **our wounds become a passage into His Sacred Heart.**” [Simple Path, 3-A-1, p. 94]

10. “To come to know the love of your Beloved is to come to experience My sorrow. This is why My Mother is the Queen of Sorrows,

for it is she who lived most perfectly consumed in My Heart. My little one, this union of sorrow must move your heart to love all, by suffering with silence, peace, and abandonment for all your brothers and sisters.” [Simple Path, # 102, 5-B, p. 285]

## **The 3rd Sorrowful Mystery—The Crowning with Thorns**

**In order to accept with gratitude and joy the precious thorns with which Jesus and Mary pierce me daily, I pray for humility, simplicity, purity, courage and trust.**

1. “Saint Margaret Mary saw the Sacred Heart of Jesus as if on a throne of flame, more radiant than a sun and transparent as crystal, with its adorable wound. It was surrounded by a crown of thorns, which signified the pain which our sins inflicted on it, and was surmounted by a cross, which signified that from the first moment of His Incarnation, when the Sacred Heart was formed, the cross was planted there, and His Heart felt all the bitterness which would be caused by the humiliations, poverty, grief, and dishonor which the Sacred Humanity would suffer through the course of His life and during His Passion.” [Simple Path, 4-C-2, p. 221]

2. “He bore the crown of thorns on His heart before receiving it on His head. His Heart

was wounded, pierced and disfigured as He carried the wounds, brokenness, and sins of all. Jesus saw our wounds and experienced our pain, darkness, spiritual blindness, pride, arrogance.... He also sorrowed for the hardened hearts of all who live by the law and not by love. Jesus suffered this torture of His heart in silence, hidden, known only by His Mother who was united as one to His sufferings.” [Simple Path, 3-C-1, p. 137]

3. “The crown of thorns you see on My head in Calvary represents the thorns that pierced My Heart during My life and continues to pierce My Heart. My Heart was tortured and shredded before I began My Calvary. I received the thorns of ingratitude, denial, indifference, apathy, hatred, rejection, solitude... Can you begin to imagine this, My daughter? The God Who so loved the world, was not received and till this day continues to be rejected by all except for a small remnant. Love is not known nor loved by the majority. Have My community, that I want to use to awaken the world to love, ponder these things.” [Lourdes, Sorrowful Rosary meditation]

4. “My interior crucifixion I lived through the thorns of ingratitude, rejection, ridicule, murmurings, lies, disloyalty, unfaithfulness, deception, arrogance, pride in all its disguises... My Heart is crowned with the darkness of your sin (humanity’s). This is how I lived My Kingship on earth and it is how I continue to live My Kingship in the Eucharist, for this is Love.”

[Simple Path, # 75, 4-C-2, p. 222]

5. “To share in My Kingship on earth is to share in My crown of thorns. ... You must receive with greater docility, abandonment and love My thorns through the darkness in the hearts of our sons and daughters. This is the perfect participation in the life of your Beloved, the life of Love.” [Simple Path, # 75, 4-C-2, p. 222-223]

6. “See the Heart (Immaculate Heart of Mary) that has loved Me and her tears shed for love of Me and you (humanity). This Heart (Mary's) being revealed to you is the Heart of a victim soul. **Receive each thorn I present to you as a gift more precious than jewels**, as My Mother has done. Cry tears of love (tears of blood) for Zion....” [Simple Path, # 76, 4-C-2, p. 223]

7. “Are you willing, My little ones, to allow your hearts to be pierced as ONE with My Mother's for the cleansing of My priesthood and the salvation of many? Do not grow stubborn, but persevere in love by suffering all as ONE with My Pierced Sacred Heart and the pierced Immaculate Heart.” [Simple Path, # 76, 4-C-2, p. 223]

8. “My thirst for your love is quenched when I look down from My Glorious Cross and see you, My beloved sons and daughters, dressed in the white garment of purity, wearing My crown of thorns, and covered in the radiance of My Blood. Then, My thirst is quenched.” [Simple Path, #113, 5-E, p. 307]

9. *United with all the holy women of God we pray this prayer written by a Mother of the Cross, inspired by Venerable Conchita:*

“My Lord and my God, give me a loving and humble heart, a courageous heart full of zeal and boldness, a tender heart, a meek and docile heart that will be willing to take, one by one, the thorns that pierce Your most tender Heart, and pierce with them my heart with no other desire but to be Your consolation in every moment of my life.” [Simple Path, 7-A, p. 377]

10. *(continue)* “My heart is wounded for love of you, My Lord; and moved with profound compassion, together with Mary, Venerable Conchita, and all the Holy Women that have walked on the path of Spiritual Motherhood from the beginning of time, I offer myself completely as a victim united with the Victim, for the sanctification of every priest and the salvation of every man in every walk of life! Jesus, my Savior and my God! Save them! Save them!” [Simple Path, p. 377]

## **The 4th Sorrowful Mystery—Jesus Carries His Cross**

**I beg for the grace faithfully to live my covenant by denying myself, daily, picking up my cross, and following Jesus, Love Crucified.**

1. “Remain in Me and I in you so that the power of God will flow as living water to My

Church. Do not be afraid or discouraged for being rejected and not accepted. Do you not see that this is the way of love, the way of the Cross? It is precisely on **this path of rejection and humiliations** that you will purchase for the world many graces.” [Simple Path, # 42, 3-C-2, p. 145]

2. Jesus says: “I also saw you and the few truly following in My footsteps and I blessed you and sealed you with My Blood in perseverance. I now ask you, My blossoming mustard seed, to help guide many out of the path of destruction into the path of life, especially My beloved sons, whom I need to shepherd My people into the safety of My Cross.” [Lourdes, Meditation on the Sorrowful Mysteries]

3. “Pope Benedict XVI wrote: ‘The Church's experience shows that every form of holiness, even if it follows different paths, always passes through **the Way of the Cross, the way of self-denial...** The more we imitate Jesus and remain united to him, the more we enter into the mystery of his divine holiness. We discover that He loves us infinitely, and this prompts us in turn to love our brethren. Loving always entails an act of self-denial, ‘losing ourselves,’ and it is precisely this that makes us happy.” [Simple Path, 6A, p. 333]

4. “Then Jesus said: My victim souls united in Me will bring to fulfillment the salvation of the world. It was not My miracles that saved the

world, but My love in suffering revealed on the Cross. My miracles were a gift so that people would know that I am the Son of God. I am the Way, the Truth and the Life.... **It is the Way of the Cross, the Way of Love in suffering, that is the power of God that saves the world....** I desire for My Body, the Church, to complete My love in suffering here on earth.” [Simple Path, #127, 6A, p. 341]

5. “I must reproduce Jesus in me through the transformation virtues, bring about, that is by way of the Cross, that which makes us most like Him. Jesus wishes of me, not a Christ in the poverty of Bethlehem, not a Christ in the hidden life of Nazareth, not a Christ zealously active in His public life, but a Christ in the ignominy, the abandonment, and the crucifixion of Calvary and of the Eucharist. I must reproduce in me Christ Crucified (Diary, Sept. 16, 1921).” [Diary, p. 97]

6. “Jesus told me. 'Just as I am your hope, I am equally your way. He who follows Me never walks in darkness but the way I represent is the Cross. He who wishes to come after Me must deny himself, bear his cross and follow Me setting his feet on My bloodstained tracks...' He assured me that the Cross is the dwelling place of perfection, that it contains all the mysteries, gifts and fruits of the Spirit (Diary, Nov. 3, 1895).” [Diary, p. 116]

7. "My passion was consummated on Calvary, but those who form My Church must



continue the passion in themselves, offering themselves in reparation for themselves and for others to the Trinity in union with Me, victims with the Victim, and having the same qualities of victims.” [Diary, p. 142]

8. “As you kiss My feet ask: How far are you willing to go to proclaim My mission that I have placed in your heart? Will your feet reach the summit of Golgotha? Will you continue to love and be faithful to My mission when you are persecuted and misunderstood, many times by those closest to you? How far are you willing to walk for Me?” [Simple Path, #9, 2-A, p. 37]

9. “I want to resemble You, O Jesus—You crucified, tortured, and humiliated. Jesus, imprint upon my heart and soul Your own humility. I love You, Jesus, to the point of madness, You who were crushed with suffering as described by the prophet [cf. Isaiah 53:2-9], as if he could not see the human form in You because of Your great suffering. It is in this condition, Jesus, that I love You to the point of madness. O eternal and infinite God, what has love done to You?....” [Diary of St. Faustina, #267]

10. “Then I saw Jesus Crucified and He said to me, ‘It is in My Passion that you must seek light and strength.’ After the confession, I meditated on Jesus’ terrible Passion, and I understood that what I was suffering was nothing compared to the Savior’s Passion, and that even the smallest imperfection was the cause of this terrible

suffering. Then my soul was filled with very great contrition, and only then I sensed that I was in the sea of the unfathomable mercy of God.” [Diary of St. Faustina, #654]

## **The 5th Sorrowful Mystery—The Crucifixion**

**I beg for the grace to keep my eyes on the gaze of Crucified Love and to offer myself with Him in a continual holocaust for souls—to the glory of the Father.**

1. “Isaiah 53:7-8: ‘Like a sheep, he was led to the slaughter, and as a lamb before its shearer, so he opened not his mouth. In his humiliation, justice was denied him.’ The lamb—sheared, denuded, stripped, then sacrificed—the Lamb of God. Jesus on the cross is the epitome of vulnerability: stripped, exposed, violated, powerless.” [Simple Path, Testimony, 2A, p. 35]

2. “My children, climb the steps of My feet, My side, My Heart to reach the gaze of My crucified eyes. It is My gaze that will pierce your hearts and heal all pride, self-love and vanity. It is My gaze that will awaken your hearts to love Love Itself. It is through My crucified gaze that you will find the courage to continue in the path of life. It is through My crucified gaze that you will receive the revelations of the mystery of

suffering, which is the mystery of love.” [Simple Path, #12, 2-D, p. 52]

3. “It is through My crucified gaze that you will desire to be One with The Victim of Love, in which you will desire solely the Cross, in which you will desire the salvation of all your brothers and sisters and forget yourself, in which you will receive the power of the Holy Spirit to lay down your life as My sacrifice of love for the salvation of many.” [Simple Path, #12, 2-D, p. 53]

4. “*This is My Body, this is My Blood.* I say this again to the eternal Father, at each instant, on the altars. Make yourself worthy, as much as possible, to offer your body, your blood, your soul and all that you are, as I have told you, in union with this continual immolation on behalf of the world. Reproduce My life in you with the mark of sacrifice, becoming a living holocaust to His glory.” [Diary, p. 121]

5. Jesus explains to Conchita: “Call upon Him, ‘Father, Father!’ When desolation or any other kind of sorrow afflicts you, when you are exhausted and I hide Myself from you, and your little Dove [the Holy Spirit] hides too, cry out to Him imitating Me, and say to Him, ‘Into Your hands I commend My spirit!’ Place all in His loving hands. Where better will you be able to rest? Who will be able to take care of you with tenderness like His? You cannot imagine how much He appreciates a crucified soul.” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p. xxi]

6. “In desolation... your life has the greatest power and is most fecund. In My desolation on the Cross My life showed most brilliantly the love of God the Father. My desolation made My faith in My Father radiate its perfection. Through My desolation I gave birth to My Church and all Her sacraments. Through My desolation I gave birth to all My sons, My priests. Through My desolation the Holy Spirit expanded the maternal Heart of My Mother to embrace all of humanity.” [Simple Path, #69, 4-B-2, p. 210]

7. “St. Bernard of Clairvaux: ‘Truly, O blessed Mother, a sword has pierced your heart. For only by passing through your heart could the sword enter the flesh of your Son...Thus **the violence of sorrow has cut through your heart**, and we rightly call you more than martyr, since the effect of compassion in you has gone beyond the endurance of physical suffering.’” [Simple Path, 3-C-3, p. 149]

8. **SOLEDAD:** “My desolation was so important for the salvation of the world that the Father willed for My Mother to continue suffering My desolation on earth. Her **suffering of solitude** was her continuation of My desolation and it produced and continues to produce a shower of graces for the world. I desire for the souls that love Me to live their times of desolation united to Me and completely abandoned to the Holy Spirit. In this way, My hidden force will acquire the power of

God to overcome the darkness in the world. My Cross is not My Cross without the power of desolations lived with perfect faith.” [Simple Path, #69, 4-B-2, p. 210]

9. “...all the souls who wish to share in the sacrifice of Jesus, all who wish, like him, to offer themselves to the Father, must offer themselves through the Spirit. It is he who inspires all holy immolations and all fruitful martyrdoms. He enfolds our poor sorrows in the infinite sorrows of Jesus, mingles our blood with the divine blood, nails us to the cross with the divine Victim, and fuses our hearts with the divine Heart.” [Ven. L. Martinez, *The Sanctifier*, p. 129]

10. JESUS—Priest, Victim, Altar: “In order that a soul may be an altar, in order that Jesus may be immolated there, she needs to be empty of self and full of the Holy Spirit. An altar is like an oasis in the desert upon which the Father may fasten his gaze and upon which the Divine Dove may rest. In one word, an altar is Jesus...The soul that shares in the mystical priesthood of Jesus must necessarily be priest, victim and altar, that is, that soul must be Jesus.” [Ven. L. Martinez, *Only Jesus*, p. 151]

# THE GLORIOUS MYSTERIES

## The 1<sup>st</sup> Glorious Mystery—The Resurrection

I beg for deeper faith.

1. “Women, in the Church and in the journey of faith, have had and now have a particular role in opening the doors to the Lord, in following him and communicating His face, **the gaze of faith always needs the simple and profound gaze of love.** The Apostles and disciples find it harder to believe in the risen Christ. The women don’t. Peter runs to the tomb, but stops at the empty tomb; Thomas must touch with His hands the wounds of the body of Jesus.” [Simple Path, 2D, p. 54]

2. “Pope Benedict XVI said in a homily: ‘In the crucified Jesus, the divinity is disfigured, stripped of all visible glory and yet is present and real. Faith alone can recognize it: the faith of Mary, who places in her heart too this last scene in the mosaic of her Son’s life. She does not yet see the whole, but continues to trust in God, repeating once again with the same abandonment: “Behold, the handmaid of the Lord.”’” [Simple Path, 3-C-3, p. 150]

3. “Mary’s sacrifice was perfected in the last years of her life during her suffering of solitude.

After Jesus' Ascension, **Mary lived in perfect faith** and hope as she no longer felt the presence of the Trinity. Jesus reveals her hidden martyrdom of solitude to Venerable Conchita...." [Simple Path, 3-C-3, p. 150]

4. "If I die, if God now calls me, I exhort you, my children, to remain valiant Christians and full of faith, practicing with inviolable fidelity the teachings of the Church, proud of being her members. Endeavor to carry out her precepts. Be generous toward Jesus who loves you so much, to whom you owe so much and who wants to save you. I implore you to pass on your faith to your children by your teaching and example, not shunning any sacrifice to assure them a Christian education, taking special care to form their souls and instruct them in their religion." [Diary, p. 83]

5. "Faith tears away the veil of mysteries. The soul which possesses this virtue touches, experiences and at times contemplates real presence in the Eucharist, the mystery of faith par excellence and the mystery of love. The soul sees itself miserable in the light of this mystery of faith, and if it does not yet see the clarity of the beatific vision, face to face, nonetheless in truth admires its splendor. Its ardor consumes it and, in the vivacity of this faith, it annihilates itself before the love of a God it contemplates so closely (Diary, Oct. 31, 1895)." [Diary, p. 116]

6. “It is faith that always reveals the divine to us wherever it is. It is faith that makes us look at the delightful Guest [the Holy Spirit], both in the shadows of desolation and in the full, celestial brilliance of consolation.” [Ven. L. Martinez, *The Sanctifier*, p. 65]

7. “...abandonment is superior to understanding. Abandonment is consonant with faith—it is how faith operates in us. Faith leaps forward into darkness leaving understanding behind in open-mouthed bewilderment. Faith steps out unseeing, open arms clutching nothing, cleaving naked to the mystery of God.” [Soul Food blog, “Hardness of Heart”]

8. “We can only imagine the struggle of Abraham within himself as he forced himself calmly to lead his only son to immolation—facing the destruction of the promise that God Himself had given him—that he would be the father of many. Yet he emptied himself, divested himself of all hope, all expectation, all desire, all plans, and cleaved naked to His God in the darkness of faith.” [Soul Food blog, “Hardness of Heart”]

9. “Faith is a fundamental Yes to God with the center of our being. Faith takes a stand like an army. **Faith leaps into God’s arms, answering his proposal of spiritual marriage.**” [Soul Food blog, “The Yes of Faith—The Darkness of Faith”]



10. “To pray in obscure faith is to be stubborn before God and for God. Wrapped in fog, peering into darkness, [into the cloud of unknowing], numb in heart and spirit, ‘faith takes a stand, like an army.’ As the old hymn says, ‘I will not be moved—like a tree standing by the water, I will not be moved.’ We don’t have to enjoy it, savor it, or be moved to delight or even to be aware of His Presence, but to be still and to insist that whatever we may feel, we will not move from God. I sometimes say, ‘I don’t care what I feel or don’t feel, I am not moving, God. I’m still here, and I’m not going anywhere.’ Mark Mallett wrote a song in which he prays, **‘Fix my eyes on You.’ That’s what faith does—even in the dark.**” [Soul Food blog, “The Obscurity of Faith”]

## **The 2nd Glorious Mystery—The Ascension**

**I pray for an increase of hope, to deepen my thirst for the Beloved every day of my life.**

1. “All men suffer, but rare are those who know how to suffer. Human pain must be transfigured by love. Starting out from that moment, it is transformed into a dynamic force, constituting a New Universe. **The Cross, transfigured by love is a Cross illuminated by hope** which is certitude for our complete liberation. It brings us to the glory of the Resurrection.” [Diary, p. 181]

2. “The virtue of supernatural and perfect hope consists in **yearning constantly for the possession of the Beloved**, not for itself but for the glory of God, working efficaciously to obtain it, choosing and embracing the way of the Cross.” [Diary, p. 116]

3. “My flame of love is the Holy Spirit. Through My Path, My flame of love has possessed your minds, hearts, and faculties so that it is no longer you who live but I who live in you. In this way, I live in you as you live in Me and the Father lives in us. **Do not be afraid to be sent out as My heralds of hope to usher in My era of peace**. Do not be afraid to confront the forces of evil as My Light, for it is the light of My holy remnant that will conquer the forces of darkness. Believe that you are the Light of the world and hold the power of God.” [Simple Path, # 68, 4-B-2, p. 210-211]

4. “Every thorn of suffering serves to plow our hearts, making them docile, humble, and soft in tenderness and patience, perfected in obedience, **steadfast in faith and hope, and expanded in love**. Every thorn we receive is a source of healing for others and ourselves.” [Simple Path, 4-C-2, p. 224]

5. “St. Benedicta of the Cross explains: ‘The world is in flames. The conflagration can also reach our house. But high above all the flames towers the cross. They cannot consume it. It is the path from earth to heaven. It will lift one who embraces it in faith, love, and hope into

the bosom of the Trinity.” [Simple Path, 4-D, p. 226]

6. Pope Benedict XVI: “As Christians, we can never be pessimists; we know well that along life's journey we often encounter violence, falsehood, hate, and persecution, but this does not discourage us. Above all, prayer teaches us to see the signs of God, of His presence and action; indeed, to **be lights of goodness that spread hope and point out that the victory is God's.**” [Simple Path, 5-A, p. 275]

7. **“Do not lose hope in all that I have placed in your heart.** My crusade of victim souls will have to suffer greatly and be formed to perfection in love to fight this fierce battle but know that **My Cross has triumphed.** Now, through this crusade, **it needs to triumph in the hearts of My people.** Persevere in love. Persevere in trust.” [Simple Path, # 126, 6-A, p. 340]

8. “Do not be ashamed of My words (cf. Mk 8:38) and share the treasure of heaven that has been entrusted to you (*The Simple Path to Union*) with many. Complete My Path and, as My Heralds of Hope, teach it from the housetops. This is your mission. Respond with great zeal and courage of heart, as My warriors of love, for these decisive times.” [Simple Path, #151, 8-B-4, p. 439]

9. St. Paul: “That the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation resulting in

knowledge of Him. May the eyes of your hearts be enlightened, **that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints.**” (Eph. 1:17-18, cf. 1 Cor 2:9-10) [Simple Path, 2-D, p. 51]

10. “Do you see the darkness that has consumed the hearts and minds of My people, the darkness that is consuming My Sanctuary? Do your eyes see the light of God that WILL consume this darkness or have you too become blinded by the darkness of the world? I wish to heal you of your blindness so that you can **see the Son of Man in all His glory before you. To see is to believe. To see is to hope.** To see is to become the beauty of what is revealed to you which is LOVE....” [Simple Path, # 14, 2-D, p. 55]

## **The 3rd Glorious Mystery—The Descent of the Holy Spirit**

**I beg for the full anointing of the Holy Spirit and to be attentive to His promptings and movements in my soul.**

1. “Once we surrender and truly become docile, the Holy Spirit leads us into Our Lord’s pierced side. This passage leads us to the Sacred Heart of Jesus where we are consumed in the fire of the Holy Spirit, which is love. As we are transformed in Jesus crucified, our ‘Yes!’ to the Father turns our suffering into grace for the world.” [Simple Path, p. XVII]

2. St. Paul VI: “This is the Church’s mystery and life: The Spirit, the Holy Spirit. It is He who animates and sanctifies the Church, her divine breath, the wind of her sails, her unifying principle. ... The Church needs a perennial Pentecost; she needs fire in her heart, words on her lips, prophecy in her outlook....” [Simple Path, 1-A, p. 7]

3. (continued) “She needs to be a temple of the Holy Spirit, total cleansing and interior life ... needs to feel again ... the praying voice of the Spirit that, as St. Paul teaches, takes our place and prays in us and through us ‘with unutterable groans’ and interprets the words that by ourselves we would not know how to direct to God (cf. Rm 8:26-27). Do not you listen? The Church needs the Holy Spirit. The Holy Spirit in us, in each one of us, in all of us together, in us who are the Church. So, let all of us ever say to Him, ‘Come.’” [Simple Path, 1-a, p. 7]

4. Pope Benedict XVI: “‘God’s love has been poured into our hearts through the Holy Spirit which has been given to us’ (Rom 5:5). Nevertheless, it is not enough to know the Spirit; we must welcome Him as the guide of our souls, as the ‘Teacher of the interior life’ who introduces us to the Mystery of the Trinity, because He alone can open us up to faith and allow us to live it each day to the full.” [Simple Path, 1-A, p. 8]

5. “St. Paul addressed the following words to Christians: ‘You should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God’s way.’ A sign that our minds are being set free by the Holy Spirit is that we recognize in ourselves the ‘deceitful desires’ described by St. Paul and resolve to enter the path of the Cross to be renewed. The Lord did not die on the Cross so that we would be content merely with being nice people. He gave His life so that we could be transformed and become ONE with Him.” [Simple Path, 1-A, p. 12]

6. “You are called to proclaim the Cross everywhere you go, to everyone. My people desire to be holy without the Cross; even My priests desire comfort and an easy life more than sacrifice and suffering. This is their detriment. **No one can be sanctified by the Holy Spirit without the Cross.** Before there can be a new Pentecost, My people must come back to the Cross to receive the Holy Spirit and be sanctified. This is your mission.” [Simple Path, # 2, 1-A, p. 13]

7. “My priests must be My fortified wall of bronze to sustain My Church. They will be called to bring My flock to the foot of the Cross and receive the power of the Holy Spirit. These souls filled with My Holy Spirit and transformed by My crucified love will cry out, ‘Abba, Father, save us!’ and through this corporate cry, united

to My Mother of Sorrows, the Church will receive its New Pentecost.” [Simple Path, # 2, 1-A, p. 14-15]

8. “The Holy Spirit is received as a seed in baptism, but He is fully stirred into flame in My Cross. It is united as one to My Mother at the foot of the Cross that the Holy Spirit begins to possess your mind, heart, and soul.” [Simple Path, # 6, 1-A, p. 20-21]

9. “Conchita understood that **the Heart of Jesus** was a sacrament of Trinitarian love, **a real ‘nest’ of the Holy Spirit**...You cannot understand this immense favor of being a nest of the Holy Spirit, of the Spirit of the Father and the Son....The Holy Spirit ...does not find a place to rest and make His nest since where He does not find the Heart of Jesus, His nest *par excellence*, He only alights momentarily, but does not settle, or repose, or nest. In short, **He needs crucified souls....**” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p. xxiii]

10. Conchita: “‘He [the Holy Spirit] normally speaks and communicates Himself in interior solitude; He fills what He finds *empty* and illumines what is *dark*. He wants his crosses to become nests, *emptied* of the world and of self, *hidden* in solitude, and in *darkness* from all that is not Himself.’ These are the necessary dispositions ‘to listen to the Holy Spirit’s groaning, which make heaven tremble for their delicacy...and which cause the eternal

happiness of the Father and the Son.” [Conchita & Ven. L. Martinez, *To Be Jesus Crucified*, p. xxiv]

## The 4th Glorious Mystery—The Assumption of the Blessed Virgin Mary

Through my daily immolation, I pray for the grace of a happy death for myself and for all my territory of souls.

1. On the feast of the Assumption, Pope Benedict XVI: “Let us listen once again to Elizabeth's words fulfilled in Mary's Magnificat: **‘Blessed is she who believed.’** The first and fundamental act in order to become a dwelling place of God and thus find definitive happiness is to believe: it is faith, faith in God, in that God who showed himself in Jesus Christ and makes himself heard in the divine Word of Holy Scripture.” [Simple Path, 5-F, p. 311]

2. “It is a victim soul's ‘yes’ that ‘stirs into flame’ the power of the Holy Spirit so that the Holy Spirit can lead a docile and willing soul to die with Me. **It is this voluntary death that brings the soul to new life.** That is why St. Paul can now say, ‘It is no longer I who live, but Christ who lives in me.’” [Simple Path, # 124, 6-A, p. 331]

3. “The human existence here on earth is full of struggles, challenges, difficulties, sufferings, trials and tears because of the fall. I



came to transform human suffering through My death and resurrection. The Holy Family lived the human condition through Me, with Me and in Me; thus, their lives were transformed into Love, the love of the Most Holy Trinity.” [Simple Path, # 131, 6-C, p. 349]

4. Jesus: “It is the Holy Spirit that will unite you as One Body to My Crucified Love to participate in the salvation of the world. It is only My victim souls who participate in the work of redemption and who will **conquer the principalities of death** with Me. Therefore, My little one, bring Me victim souls!” [Simple Path, 6-C, p. 350]

5. “The Church will enter the glory of the kingdom only through this final Passover, when **she will follow her Lord in his death and Resurrection** (cf. Rev 19:1-9). The kingdom will be fulfilled, then, not by a historic triumph of the Church (cf. Rev 13:8) through a progressive ascendancy, but only by God's victory over the final unleashing of evil (cf. Rev 20:7-10), which will cause his Bride to come down from heaven (cf. Rev 21:2-4).” [Simple Path, 8-B, p. 406-407]

6. “My hidden martyrs of love are the power of God to **wage this war against the principalities of death**. Do not be afraid to speak from the housetops what I speak to you in the hiddenness of your heart. I am making all things new through My hidden victims of purified love... Trust and suffer all with patient endurance.” [Simple Path, # 150, 8-B-4, p. 438]

7. “The cross does not speak to us about defeat and failure; paradoxically, it speaks to us about a death which is life, a death which gives life, for it speaks to us of love, the love of God Incarnate, a love which does not die, but triumphs over evil and death. When we let the crucified Jesus gaze upon us, we are re-created, we become a *new creation*.” [Simple Path, 2-D, p. 53]

8. “Mary continues in her ‘saving role’ as our mother in heaven. She does so by cooperating in the redemption and salvation of all men by her continued union with her Son Jesus in his ‘yes’ to the Father and by her preparation of the Church to do the same.” [Farrell & Kosicki, *The Spirit and the Bride Say “Come,”* p. 45]

9. “We believe that Mary’s specific role in the present time is to prepare the Church for Calvary. The Church is entering into a time of corporate Calvary, a time of anguish and travail. The purpose of our dealing with this tribulation within the Church is that we might understand that this is God’s work of preparation and of purification and not be scandalized and depressed at the confusion, insubordination, dissent and even persecution within the Church itself. We believe the signs of tribulation will worsen before they get better and we need to understand that **the mystery of God’s plan of death and resurrection is at work.**” [Farrell &

Kosicki, *The Spirit and the Bride Say "Come,"* published in 1981, p.73]

10. “Mary’s role is precisely to prepare the Bride of Christ, the Church, to be one with the Spirit as she herself is, and so intercede in a united way for the coming of the Lord Jesus. By consecration to Mary we allow her to prepare us as the spotless Bride of Christ. We must realize, however, that her way of preparing the Bride...is by way of the Cross... as she teaches us the docility of Jesus himself. Mary prepares the Bride to be in Christ a kind of sacrament of intimate union with God, and of the unity of all mankind, in order to intercede for the new Pentecost.” [Farrell & Kosicki, *The Spirit and the Bride Say "Come,"* p.73]

## **The 5th Glorious Mystery—Mary is Crowned Queen of Heaven & Earth**

**I pray for the grace to seek Union with the Blessed Trinity using every means that God gives me, treasuring especially the Eucharist, the Word, Reconciliation, Adoration, and the most Holy Rosary.**

1. Before receiving her crown of glory, our Mother was crowned with sorrow: "It is evident that Mary had nothing to be purified in herself but only in mankind, that is in her children, conquering by this sorrow a new crown, that of Mother-Martyr." [Diary, p. 132]

2. Jesus: "Receive the pearl of Mary in your heart. Mary is your Queen Mother. She is perfect purity and holiness. She is ONE in the life of the Trinity above all the angels and saints. She is the perfect human being perfected in the image and likeness of God." [Simple Path, # 5, p. 19]

3. Jesus: "It is the blood of My martyrs united to the blood of Jesus Christ that will usher in the new Pentecost with the reign of the Queen of Heaven and Earth. I desire countless hidden martyrs..." [Simple Path, #4, p. 18]

4. Jesus: "She possesses the Holy Spirit fully; therefore, she possesses in perfect UNITY the Father and the Son. She is the pure vessel of My Precious Blood; therefore, all graces flow from her as the vessel of the wellspring in the Most Holy Trinity." [Simple Path, #5, p. 19]

5. Jesus to Conchita: "For you, there exists but the present moment; for God all is pre-existent. Mary already existed, the joy of the whole Trinity which had formed her in its Thought. She already constituted Its delights. Mary was already the Queen of Heaven." [Diary, p. 167].

6. "The crown of glory is the crown of martyrs. It is reserved for those who enter the King's court. It is for those who enter the interior chamber to dwell with God. Persevere in wearing the crown of many thorns. I am permitting for you to receive the oppression in

the hearts of others as one with Me.... Suffer those attacks, My little one, with perfect trust and love, obtaining graces for the many who are oppressed. This hidden life of suffering the oppression of other souls with Me will obtain for you the crown of glory.” [Simple Path, #41, 3-C-1, p. 143]

7. “I need you, My faithful ones, to bring life to My Missionaries of the Cross. It is My hidden martyrs of love in perfect union with the Queen of Martyrs that will raise up My Apostles of Light. Know that I have taken My abode in each of your hearts; therefore, radiate the humility and purity of My Mother.” [Simple Path, # 47, 3-C-3, p. 158-159]

8. St. Catherine of Siena tells us: “She gives forth fragrance to the whole wide world, the fruit of constant humble prayers. The fragrance of her longing cries out for the salvation of souls; with a voice without human voice she cries out in the presence of my divine majesty.” This is the fruit of Union—first, Mary, Queen and Mother, then faithful souls who follow the Queen wherever she goes. [Ralph Martin, *The Fulfillment of all Desire*, p. 387]

9. St. John of the Cross explains of the soul in Union: “...the soul is so protected and strong in each of the virtues and in all of them together...that the devils not only fear to attack her but do not even venture to appear before her. For they become greatly frightened on seeing her so exalted, courageous, and bold,

with the perfect virtues in the bed of her Beloved. When she is with God in transformation they fear her as much as they do Him, and they dare not even look at her. The devil has an extraordinary fear of the perfect soul.” How much more fitting is this description for the incomparable Queen of Heaven who is our protector! [Ralph Martin, *The Fulfillment of all Desire*, p. 401]

10. Little Therese of Lisieux exclaimed as she was dying: “How unhappy I shall be in heaven if I cannot do little favors for those whom I love...I will return! I will come down! I feel that my mission is about to begin, my mission of making others love God as I love Him, my mission of teaching my little way to souls. If God answers my requests, my heaven will be spent on earth up until the end of the world. Yes, I want to spend my heaven in doing good on earth.” Because Mary is not only Queen, but also Mother, in ever more significant ways than Therese, she has returned, again and again. She has come and will be with us, protecting, guiding, loving us till the end of the world. [Ralph Martin, *The Fulfillment of all Desire*, p. 429]

## SOURCES USED IN THE MEDITATIONS:

Akin, Jimmy. "10 Things You Need to Know about Jesus' Transfiguration."  
<http://jimmyakin.com/2015/08/10-things-you-need-to-know-about-jesus-transfiguration-2.html>. [Source of a quotation by Pope Benedict XVI.]

Andre-Eames, Kathy. ***Soul Food Ministries*** [blog]. "A Plan to Praise His Glory." "God is in Love with Us." "Hardness of Heart." "The Kiss of Jesus." "The Mystic Mass of the Bride." "The Obscurity of Faith." "The Yes of Faith—The Darkness of Faith."  
<https://soulfoodministries.wordpress.com/>

A Mother of the Cross with a Missionary of the Cross. ***A Simple Path to Union***, © 2016 by Love Crucified Community Inc. All rights reserved.

References, except when otherwise noted, are from the Revised Standard Version, Catholic Edition.

De Armida, Concepcion Cabrera [Conchita]. Philipon, O.P., Marie-Michel, ed. ***Conchita: A Mother's Spiritual Diary***, online edition. Society of St. Paul, 1978.

apcross.org/conchita/ConchitaDiary-English.doc [Page numbers are those of the online edition, not the published book.]

De Armida, Concepcion Cabrera [Conchita].  
Translated by Sr. Dolores Icaza, RCSCJ  
and Mary McCandless. **Holy Hours**. Staten  
Island, New York: Society of St.  
Paul, 2006.

De Armida, Concepcion Cabrera [Conchita].  
Edited by Mary McCandless (Sr.  
Dolores Icaza, RCSCJ). **Roses and Thorns**.  
Staten Island, New York: Society  
of St. Paul, 2007.

De Armida, Concepcion Cabrera [Conchita].  
Translated by Sister Elzbieta  
Sadowska, RCSCJ and Msgr. Arthur B.  
Calkins. **To Be Jesus Crucified: Retreat**  
*Directed by Arshbishop Luis M. Martinez*.  
Staten Island, New York: Society  
of St. Paul, 2013.

Farrell, Gerald J., M. M. and & Kosicki, George  
W., C. S. B. **The Spirit and the Bride Say**  
**"Come!"** Asbury, NJ: AMI Press, 1981.

Kowalska, St. Faustina. *Divine Mercy in My Soul* .  
[https://archive.org/stream/St.FaustinaKowalskaDiary/divine-mercy-in-my-soul\\_djvu.txt](https://archive.org/stream/St.FaustinaKowalskaDiary/divine-mercy-in-my-soul_djvu.txt)



Martin, Ralph. *The Fulfillment of All Desire*.  
Steubenville, OH: Emmaus Road  
Publishing, 2006.

Martinez, Venerable Luis, M.D. D. ***Only Jesus***.  
Translated by Sister Mary St.  
Daniel, B. V. M. Rockford, Illinois: B.  
Herder Book Co., 1962.

Martinez, Venerable Luis, M.D. D. Translated by  
Sister M. Aquinas, O. S. U. ***The  
Sanctifier***. Boston, MA: Daughters of St.  
Paul, 2003.